



*Providing Quality Adult Education*

## Health and Ageing CHC40608 Certificate IV in Leisure and Health

### Course Overview

This course is for people who work or want to work in residential facilities and/or in community agencies and day centres as an activities officer, community leisure officer, disability officer, diversional therapy assistant or recreational activities officer.

You will develop the skills and knowledge to assist in the design, implementation and evaluation of health and leisure for clients. This includes knowledge of leisure and health programming, legal and ethical considerations, and workplace safety as well as specialist communication skills.

### Why choose King's?

Established in 1997, King's International College with campuses at Reedy Creek and Burleigh is recognised for delivering quality training in the health, children's services, automotive and hospitality sectors.

As King's is a community focused non-profit organisation, its surplus funds made from training delivery goes back to either improving or expanding the college's range of courses or goes into its community welfare organisation, the Community Support Agency (CSA).

King's undertakes a duty of care towards its student body and offers course counseling as required.

### Delivery Options

External

### Course Duration

External 1 year (inclusive of field placement)

### Course Prerequisites

Entry is available to those working Aged Care residential facilities and/or in community agencies and day centres and work under professional supervision within defined organization guidelines or as sole practitioners.

Students that are under 18 years of age must have parental/guardian approval.

### Career Options and Learning Pathways

This qualification enables you to work within the Leisure and Health industry in roles such as:

- Activities Officer
- Community Leisure Officer
- Disability Officer
- Diversional Therapy Assistant
- Recreational Activities Officer

Employment may be gained in:

- Community Centres
- Day and Respite services
- Palliative Care Units and Outreach Programs
- Mental Health Services
- Private Practice
- Rehabilitation and hospital units

## Course Units

CHCCOM403A	Use targeted communication skills to build relationships
CHCCS400B	Work within a relevant legal and ethical framework
CHCCS401B	Facilitate responsible behaviour
CHCICS405A	Facilitate groups for individual outcomes
CHCOHS312B	Follow safety procedures for direct care work
CHCORG405D	Maintain an effective work environment
CHCRH401B	Work effectively in the leisure and health industry
CHCRH402A	Undertake leisure and health programming
CHCRH404A	Plan, implement and monitor leisure and health programs
CHCRH405A	Plan leisure and health programs for clients with complex needs
CHCRH406A	Apply knowledge of human behaviour in leisure activity programs
CHCRH407A	Apply sociological concepts to leisure and health
HLTAP401B	Confirm physical health status
CHCGROUP403D	Plan and conduct group activities
CHCICS302A	Participate in the implementation of individualised plans
CHCICS404A	Plan and provide advanced behaviour support

## Recognition of Prior Learning (RPL)

RPL allows the competencies you already possess to be recognised, regardless of how you obtained them. These might include skills you picked up on the job or from other life experiences that do not necessarily include formal training.

These skills and competencies may relate to units you are about to commence and as a result may exempt you from studying these units. Please be aware that there are costs applied to RPL applications.

## Field Placement

Field placement forms an essential part of your competency-based assessment and provides you with practical components.

Classroom based delivery has 2 weeks of field placement. Educators for Health will assist you in gaining appropriate field placement.

## Course Fees and Payment Options

External                      \$3000                      \$200 Enrolment Fee (non-refundable fee included)

- Credit Card – Visa / MasterCard
- Cash / Cheque / Bank Deposit
- Payment Plan

Please note the following additional charges that apply to Payment Plans:

- Fortnightly payment plans paid with a credit card (Visa/MasterCard) incurs an additional processing fee of 2.2%.
- Fortnightly payment plans includes a payment processing fee of \$1.75 per payment.
- All payment plans will have a one-off charge of \$3.30 for account set up.
- Additional payment plans (eg. Monthly payments) may be negotiated upon request.

## How to enrol

Download an enrolment form from website and submit online or collect from campus.



In person at Burleigh Campus – 6 Ern Harley Drive, Burleigh



Enquire by telephone – 07 5593 4386



Mail – King's International College, Private Bag 68, Burleigh MDC, Qld 4220



Website – [www.kings.net.au](http://www.kings.net.au)

## Further information

Contact Business Development Officer - Helen Briggs - 07 5593 4386 or email [hbriggs@kings.net.au](mailto:hbriggs@kings.net.au)  
Or visit our campus at 6 Ern Harley Drive, Burleigh.