

LIFEGROUPS – Facilitator Notes

The V.I.P. of Prayer



I = Integrity of Prayer

Suggested Icebreaker:

Has your integrity ever been tested?

Word: Mark 11: 25-26

Note: There is a correct way and a correct protocol to approach the King of kings and the Lord of lords! We must approach God with a heart of integrity thereby embracing kingdom prayer principles.

Q: Mark 11: 25-26 says our hearts must be free of what when we stand praying?

A: Unforgiveness

Q: Why is unforgiveness a barrier to answered prayer?

A: We are not to judge or else we'll be judged.

Focus Point: Kingdom prayer principles are founded and grounded upon having a right heart attitude. In *Matthew 15: 8-9* he quotes the prophet Isaiah. Their worship and their prayers were all in vain because their hearts were far from God.

Q: How can we make sure our prayers aren't in vain?

A: Examine our heart motives.

Q: Can you think of some heart attitudes we should have when praying?

A: Humility, honour, hope, faith, passion, steadfastness, thanksgiving.

Q: Are there things that you can be doing to ensure the integrity of your prayers?

Focus Point: *James 4: 3 "You ask and do not receive, because you ask amiss, that you may spend it on your pleasures" and Isaiah 58: 3-4 "Why have we fasted, they say, 'and you have not seen it? Why have we humbled ourselves, and you have not noticed?' "Yet on the day of your fasting, you do as you please and exploit all your workers. Your fasting ends in quarrelling and strife and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high.*

Q: Why was the fast spoken about in Isaiah fruitless?

A: Although the people fasted, their attitudes were unrighteous.

Q Do you think these people were praying and fasting with integrity?

A: No

Q: What does the word integrity mean to you?

A: Dictionary says: Steadfast adherence to a strict moral or ethical code.

Q What are some things you regularly pray for?

Q: What do we need to be praying for regularly?

Suggestions:

- Like David, in Psalm 51, Ask God to create in you a clean heart in order that your prayers will be prayers of integrity, acceptable to God.

Remember:

- It is God who sees your heart

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